

Off Peak Route

Flow	Operator (and route)	Route
Bristol - Edinburgh	CrossCountry	Not via London
Birmingham - Edinburgh	CrossCountry	Any permitted
London - Cardiff	Great Western	Any permitted
London - Bristol	Great Western	Any permitted
London Paddington - Slough	Great Western	Any permitted
London - Exeter	Great Western	Via Taunton
London - Plymouth	Great Western	Any permitted
London - Glasgow	Virgin Trains	Any permitted
London - Manchester	Virgin Trains	Any permitted
King's Lynn - London	FCC / GTR Thameslink	Via Cambridge
St Neots - London	FCC / GTR Thameslink	Any permitted
Bedford - Luton Airt Pkwy	FCC / GTR Thameslink	Any permitted
London - Weymouth	SWT / SWR	Via Southampton
Woking - London	SWT / SWR	Any permitted
Farnborough - London	SWT / SWR	Not via Reading
Gillingham (Kent)-London	Southeastern	Via High Speed
Gillingham (Kent)-London	Southeastern	Not High Speed
London - Canterbury	Southeastern	Via High Speed
London - Canterbury	Southeastern	Not High Speed
London - Norwich	NXEA / Greater Anglia	Any permitted
Chelmsford - London	Greater Anglia	Any permitted
Preston - Manchester	Northern	Any permitted
Preston - Manchester	TransPennine	Transpennine only
London - Nottingham	East Midlands Trains	Any permitted
London - Kettering	East Midlands Trains	Any permitted
London - Derby	East Midlands Trains	Any permitted
London - Newcastle	East Coast/VTEC/LNER	Any permitted
Worcester - Birmingham	London Midland	Any permitted
Swansea - Cardiff Central	ATW/ Transp for Wales	Any permitted
Holyhead - Llandudno	ATW/Transp for Wales	Any permitted
Carmarthen - Swansea	ATW/Transp for Wales	Any permitted
Stirling - Glasgow	ScotRail	Any permitted
Dundee - Edinburgh	ScotRail	Any permitted
Harrogate - York	Northern	Any permitted
Blackburn - Manchester	Northern	Any permitted
Chichester - London	Southern / GTR	Via Three Bridges
Lewes - London	Southern / GTR	Any permitted
Shoeburyness - London	c2c	Any permitted
Birmingham - London	Chiltern	Via High Wycombe