

How passengers spend their time on the train

	Journey purpose			
	Total	Commuter	Business	Leisure
Overall sample size 31138				
Sleeping/snoozing	13	16	12	10
Reading for leisure	50	58	40	45
Working/studying (reading/writing/thinking)	25	30	48	11
Talking to other passengers	13	10	10	18
Window gazing/people watching	49	43	42	59
Listening to music/radio/podcast	19	27	12	12
Watching a film/video	2	2	1	1
Text messages/phone calls – work	14	17	30	5
Text messages/phone calls – personal	29	33	24	25
Checking emails	16	20	29	6
Internet browsing	9	12	10	5
Accessing social networking sites	6	8	5	4
Eating/drinking	16	12	20	19
Caring for someone travelling with you (including children)	2	1	0	5
Playing games (electronic or otherwise)	4	5	2	3
Being bored	10	12	8	8
Being anxious about the journey (e.g. delays or where to get off)	13	12	14	13
Planning onward or return journey	6	4	7	7
Other	8	7	10	9
Not stated	4	4	4	5